

## URINALYSIS COLLECTION KIT

A urine sample collection kit used for the collection and transportation of samples for laboratory analysis of urine chemistry and microscopy

This kit contains the materials required for either sample self-collection or collection by a health/social care professional.

**IVD** For in vitro diagnostic use, sample self-collection

**REF** KT385

**UK  
CA**

**i** Carefully read the enclosed instruction leaflet before use

**!** Important: Do not use kit if security seal is broken. Keep out of reach of children

**⊘** Do not re-use

**18+** For use by persons aged 18 and over

### Sample collection instructions (Steps 1–11)

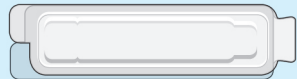
- Please ensure the kit is within expiry date and read these instructions carefully and completely before attempting to collect the sample.
- If your kit requires online activation, please follow the instructions provided by your healthcare organisation. If you need assistance please contact the healthcare organisation who arranged the test.
- You should not have urinated for at least 1 hour before sample taking.
- For alternative language versions of these kit instructions please visit [www.tdlpathology.com](http://www.tdlpathology.com)

### Your sample collection kit contents

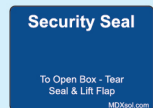
Please check that the kit contains all of the items outlined below. Do not proceed with sample taking if any items are missing, contact the healthcare organisation who arranged your test for assistance.



Urine specimen transport tube ☐☐



Protective packing case



Return security label



Sample label



Urine collection box



Collection kit outer box

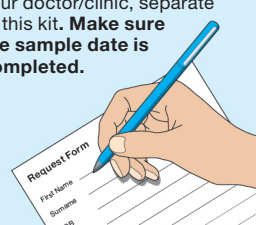


Return postal envelope

Note: The colour of the specimen transport tube lid may differ from what is shown, this does not affect the performance of the kit.


## URINE SAMPLE COLLECTION

**1** If not already pre-populated please complete the test request form, provided by your doctor/clinic, separate to this kit. **Make sure the sample date is completed.**



**2** Clearly complete the sample collection tube label using a ball point pen with:

- Your First name
- Your Surname
- Your Date of birth
- Sample type: Urine



**Do not affix it to the tube at this stage.**

**3 IMPORTANT SAMPLE TRACKING INFORMATION!**

The enclosed postal envelope has a postal tracking label applied. Please make a note of the unique tracking number displayed under the barcode on the postal tracking label, as shown below. Keep this in a safe place for future reference. **You can track delivery of your Royal Mail parcel by entering this number using the following link:** <http://www.royalmail.com/track-your-item>



**Write your tracking number here for reference – keep this safe.**

**4**



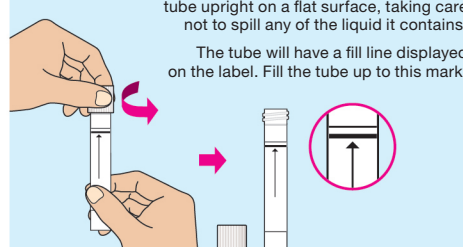
Wash hands using soap and water and dry them.

**5**

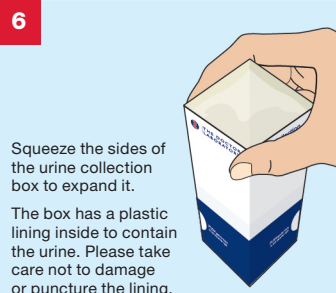
Note: You should not have urinated for at least 1 hour before sample taking.

Carefully unscrew the cap of the sample tube and leave to one side. Place the tube upright on a flat surface, taking care not to spill any of the liquid it contains.

The tube will have a fill line displayed on the label. Fill the tube up to this mark.



**6**



Squeeze the sides of the urine collection box to expand it.

The box has a plastic lining inside to contain the urine. Please take care not to damage or puncture the lining.

**7**



Pass the first part of your urine into the urine collection box until it is half full then finish in the toilet.

**8**

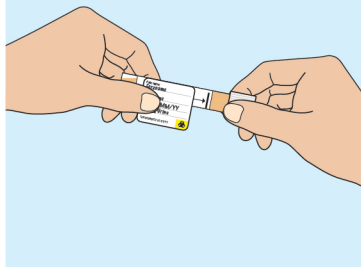
Very carefully fill the urine sample tube from the urine collection box up to the 9ml line (shown on the tube label), taking care not to get liquid on the outer of the sample tube. Discard any remaining urine and dispose of collection box.



**9**

Screw the cap back firmly onto the urine specimen transport tube.

Apply the completed sample label onto the urine specimen transport tube as shown.



10

Place the urine specimen transport tube into the protective packing wallet and firmly close.

Discard any urine left in the collection box into a toilet and dispose of the urine collection box.

11

# IMPORTANT CHECKLIST

Before you return your sample please do the following:

- ☐ Place your completed request form supplied by your doctor/clinic into the postal envelope
- ☐ Make sure the urine specimen transport tube is labelled and is placed inside the protective packing case
- ☐ Place the protective packing case into the collection kit outer box
- ☐ Close the collection kit outer box firmly and apply the return security label to seal it
- ☐ Place the collection kit outer box into the return postal envelope
- ☐ Check that you have taken note of your postal tracking number

You are now ready to seal the postal envelope.  
Please store at room temperature until posted.

Please post your sample to **The Doctors Laboratory** as soon as possible (ideally on same day or within 24 hours of sample collection) from **ANY** Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact The Doctors Laboratory on **020 7307 7373** or email **[samples@tdlpathology.com](mailto:samples@tdlpathology.com)**.

We would welcome feedback on your experience of using this self-collection kit to help us improve our services. To complete a short online survey please scan the code or visit:

<https://forms.office.com/r/nGdX6Z0s0e>

## Warnings and precautions

- This kit is designed for use by persons aged 18 and over and upon request of a healthcare professional or healthcare organisation.
- Please consult with a healthcare professional for guidance on sample collection processes for adolescent and younger children.
- The kit should not be used by individuals lacking the physical or mental capacity to correctly follow the self-collection instructions. If you have problems please consult with your advising healthcare professional.
- Do not affix the label to the urine specimen transport tube until after you have collected your sample. You will not be able to see how much urine you have collected if the label covers the tube.
- The accuracy of your results may be compromised if you do not read and follow the instructions in full.
- Antibiotics may affect the test result. If you are taking antibiotics, or have recently, discuss this with your healthcare professional.
- Samples arriving at the laboratory which show signs of degradation or general damage or arrive after 6 days of sample taking may not be tested.

## Materials required but not provided

- Test request form**  
This will be provided by your healthcare professional or healthcare organisation. **Please complete the request form with your details as instructed.**
- Clean tissue paper**

## Laboratory Tests

- The tests and procedures undertaken by The Doctors Laboratory Limited are verified and performed in line with supplier product instructions for use and supported by additional validation data for use with self-collection procedures.
- Test results are provided in line with clinically approved results pathways, agreed between The Doctors Laboratory Limited and the patients designated healthcare professional or healthcare organisation.

## KEY TO SYMBOLS

<b>IVD</b>	For <i>in vitro</i> diagnostic use	Manufacturer	<b>UK CA</b>	UK Conformity Assessed
<b>REF</b>	Catalogue number	25° 4° Temperature limits	<b>CE</b>	EU Conformity Assessed
<b>LOT</b>	Batch code	Caution, consult accompanying documents		Do not re-use
	Biological risk. Biological sample, treat as potentially infectious	Keep away from sunlight		Consult instructions for use
	Do not use if package is damaged	Keep dry	<b>18+</b>	For use by persons aged 18 and over
	Use by end of year-month			

REAL Digital International Limited, 2 Queensway, Croydon, Surrey, CR0 4BD, UK  
Website: [www.real-digital.co.uk](http://www.real-digital.co.uk)

### The Doctors Laboratory Limited

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