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Please make an **APPOINTMENT** for all Analyses on this telephone number

**020 7025 7940**

It may be necessary to give patients who attend without an appointment a specific time to re-attend.

### **Patients**

1. Patients need to abstain from intercourse for 2 to 5 days.
2. Patients are advised to produce semen and urine samples at The Doctors Laboratory, 76 Wimpole Street, London W1G 9RT so that they can be analysed immediately, as sperm will start to degrade in urine.

### **Sample Collection**

1. It is recommended that you have breakfast, preferably including one or two cups of an isotonic drink or a caffeinated drink.
2. Before leaving your home, you should pass urine.
3. Upon arrival at Wimpole Street, you should wait until you feel the need to pass more urine before producing your sample.
4. You will be instructed to produce a semen sample into the sterile container provided, in a private room via masturbation.
5. You will be given separate instructions for this.
6. You may or may not produce an ejaculate but it is important that you achieve orgasm or have a sensation of ejaculating. If you manage to produce an ejaculate please hand this sample to the Andrology staff.
7. Immediately after orgasm / ejaculation you must collect a urine sample into a labelled container provided. It is important that you collect the entire urine sample produced.
8. Hand the sample to a member of the Andrology Staff.
9. If you have any queries please feel free to contact us at the number above.