



RETROGRADE EJACULATION.

Please make an APPOINTMENT for all Analyses on this telephone number:

020 7025 7940

It may be necessary to give patients who attend without an appointment a specific time to re-attend.

Retrograde ejaculation occurs when during orgasm, semen goes back into the bladder instead of exiting through the penis. This results in either a low volume of semen (partial retrograde) or no ejaculate at orgasm (complete retrograde ejaculation). This is commonly known as a dry orgasm. If you experience any of these problems after orgasm, your doctor may refer you to have a test to confirm retrograde ejaculation. Retrograde ejaculation can affect your fertility and although it may not be possible to treat this condition, there are other ways to obtain sperm to use with assisted conception treatment.

To ensure that we have an accurate result, it is very important that you read and abide by the following instructions. Although you experience sexual climax, you still might have very little, or no semen produced.

Retrograde ejaculation isn't dangerous, but it may cause potential male infertility.

Patient preparation:

1. Patients need to abstain from intercourse and/or masturbation for minimum 2 days but no more than 5 days.
2. Patients are advised to produce semen and urine samples at The Doctors Laboratory, 76 Wimpole Street, London W1G 9RT so that they can be analysed immediately, as sperm will start to degrade in urine.

Sample Collection

1. It is recommended that you have breakfast, preferably including one or two cups of an isotonic drink or a caffeinated drink.
2. Before leaving your home, you should pass urine.
3. Upon arrival at Wimpole Street, you should wait until you feel the need to pass more urine before producing your sample.
4. You will be instructed to produce a semen sample into the small sterile container provided, in a private room via masturbation.
5. You will be given separate instructions for this.
6. You may or may not produce an ejaculate, but it is important that you achieve orgasm or have a sensation of ejaculating. If you manage to produce an ejaculate in the container, please hand this container to the Andrology staff.
7. Immediately after orgasm / ejaculation, you must collect a urine sample into the large silver topped labelled container provided. It is essential that you collect the entire urine after experience the sensation of orgasm.
8. Hand the sample to a member of the Andrology Staff.
9. If you have any queries, please feel free to contact us at the number above.