Patient Information Sheet

You may find it convenient to collect the urine over a weekend to avoid having to take the container to work with you.

If you require further specimen containers please email LSC@tdlpathology.com or call 020 7307 7373 who will be able to assist you. Please return the sample with the Request Form. Read through all of the instructions below before taking your sample.

1. Do not collect the first urine sample of the day. For example, go to the toilet as normal.

2. Collect the second urination of the day and all urine samples for the next 24 hours in the container provided. For example: from 08:00AM to 08:00AM the next day.

3. Please label the container with the following: Patient name, DOB, Date of sample, Sex, Date and time of collection and Volume.

4. Store container in a cool place, preferably a refrigerator.

5. Keep the container upright during collection.

6. Place the container in the specimen bag provided.

7. Please return the sample with the request form to the Laboratory.

IMPORTANT NOTICE

For 3 days prior to and during the collection you must avoid the following:

- Foods containing vanilla
- Caffeine (including tea and coffee)
- Bananas
- Nuts
- Citrus fruits

If you are on any medication please give the Phlebotomist/Receptionist/Laboratory full details when you return your sample.
PATIENT RECEPTION
76 Wimpole Street, London W1G 9RT
Telephone: 020 7307 7383
Patient Reception Fax: 020 7307 7371
Email: patientreception@tdlpathology.com

OPENING TIMES
Monday to Friday 7.00am – 7.00pm
Saturday 9.00am – 5.00pm

OUT OF HOURS SAMPLES
Out of hours samples can be dropped off at
Patient Reception, 76 Wimpole Street
London W1G 9RT
Or at the main laboratory:
The Halo Building, 1 Mabledon Place
London WC1H 9AX